## BED OPTIONS FOR MICRO LIVING: PROS AND CONS

| Рното  | TYPE                    | DESCRIPTION   | Pros   | Cons   | Additional Info   |
|--|-------------------------|---|--|--|---|
|  | TRUNDLE/ROLL OUT<br>BED | Trundle beds pull out<br>horizontally from<br>underneath platform.  | <ul> <li>Takes up no visual space</li> <li>Does not subtract from the home's square footage</li> <li>Easy to get in and out of bed</li> <li>Accessible to the disabled/seniors</li> <li>Easy to make bed</li> <li>Accessible to pets when in use but inaccessible when tucked away</li> <li>Plenty of head room</li> <li>Dual-purpose: can act as bench seating for guests when pulled out and latched halfway</li> <li>Inexpensive and easy to build</li> </ul> | <ul> <li>The bed must be tucked away every morning</li> <li>Must have ample open floor space to be able to roll it out</li> <li>Pillows have to be stored elsewhere</li> </ul>   | Typically custom built. Trundle<br>beds are sold at a reasonable<br>price but most are not<br>manufactured to<br>accommodate everyday use.<br>Pictured: Minim Home bed (on<br>display at the Showcase)  |
|  | STORAGE/PLATFORM<br>BED | A bed raised on a platform with storage underneath.   | <ul> <li>Clever way to hide and gain storage space</li> <li>Accessible to the disabled/seniors (dependent on the height of the bed)</li> <li>Do not have to make bed/take items off bed everyday</li> <li>Plenty of headroom</li> </ul>  | <ul> <li>Takes up a bulk of living and visual space</li> <li>Can be a little tricky getting in and out of bed (dependent on height)</li> </ul>   | Pictured: DIY Ikea Hack<br>Platform Bed   |
| Catholic Constitution of the Catholic Constit | MURPHY BED              | A bed that is hinged at one end to store vertically or horizontally against the wall when not in use.         | <ul> <li>Takes up minimal square footage/visual space</li> <li>Can be dual purpose: certain models have desks/sofas built in when not in use as a bed</li> <li>Commercially available</li> </ul>   | <ul> <li>Have to make the bed every morning</li> <li>Have to strap the mattress in before it can be put away</li> <li>Have to store the pillows elsewhere</li> <li>Takes up large portion of open wall space void of windows</li> <li>Most options expensive</li> </ul>  | Choose a murphy bed with a narrow profile when closed. The frame and DIY kits allow you to opt for a space efficient 6" latex mattress (which is just as comfortable as a standard mattress: tested in the Minim House)  Pictured: Penelope Bed from Resource Furniture |
|  | LOFT                    | A space directly under the<br>roof of a house which is<br>used as a sleeping area.                            | <ul> <li>Adds square footage to your home</li> <li>Frees up floor space by utilizing vertical space</li> <li>Do not have to make bed everyday</li> <li>Inexpensive and easy to build</li> </ul>  | <ul> <li>Hard to get in and out of bed</li> <li>Limited head room</li> <li>Difficult to make the bed</li> <li>Inaccessible to the disabled/seniors</li> <li>Can get hot in warm climates</li> <li>Pets are unable to get in bed (could also be considered a pro)</li> <li>Lowers the ceiling height on the first floor</li> <li>Can cause anxiety to those that are afraid of heights/falling out of bed in the night</li> <li>Ladder/stairs can get in the way when not in use</li> <li>Rain noise loud</li> <li>Loft platform at head height visually makes room feel smaller</li> </ul> | Take into consideration what style of roof you choose and how you plan to get into the loft. (Ladders, stairs, or a creative combination of both)  Pictured: Organ Cottage Company Tiny Home with Dormer Windows in loft area for increased head room                   |
|  | FUTON                   | A Japanese style mattress<br>that folds in the middle for<br>use as a couch and<br>flattens for use as a bed. | <ul> <li>Variety of options commercially available in mainstream stores</li> <li>Inexpensive</li> <li>Mobile</li> <li>Doubles as a sofa</li> </ul>   | <ul> <li>Can be difficult to convert the futon from a sofa to a bed (and vice versa) by oneself</li> <li>May not be as comfortable as other options</li> <li>Requires maintenance</li> </ul>   | One of the more obvious choices for bed options in a tiny space. It is the most cost effective option but may not be as efficient as the other options for everyday use.  |
| CHOWCOCE COM   |                         |   |  |  |   |

